

FINDEN+HALES

2024 TO FIT GUIDE

All measurements are in cm unless otherwise stated

THIS GUIDE REFERS TO ACTUAL BODY MEASUREMENTS, FOR ACTUAL GARMENT MEASUREMENTS SEE SIZE SPECIFICATION SUMMARY.

MEN'S/ UNISEX GARMENTS	ONE	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
EUROPEAN CHEST TO FIT	42-62	42-44	44-46	46-48	48-50	52	54-56	58	60-62	64	66-68
EUROPEAN WAIST TO FIT	38-52	38	40	42	44	46	48	50	52		
TO FIT CHEST - INCHES	32-52	32-34	34-36	36-38	38-40	42	44-46	48	50-52	54	56-58
TO FIT CHEST - CMS	81-132	81-86	86-91	91-96	96-101	107	112-117	122	127-132	137	142-147
TO FIT WAIST - INCHES	28-42	28	30	32	34	36	38	40	42		
TO FIT WAIST - CMS	71-107	71	76	81	86	91	96	101	107		

LADIES' GARMENTS	XS	S	M	L	XL	XXL
UK TO FIT	8	10	12	14	16	18
EUROPEAN TO FIT	36	38	40	42	44	46
TO FIT CHEST - INCHES	30-32	32-34	34-36	36-38	38-40	40-42
TO FIT CHEST - CMS	78-81	81-87	87-91	91-96	96-101	101-107
TO FIT WAIST - INCHES	26	28	30	32	34	36
TO FIT WAIST - CMS	66	71	76	81	86	91

Please note that height is a better indication of fit than age

KIDS GARMENTS - AGE	3/4	5/6	5/8	7/8	9/10	9/13	11/12	13
HEIGHT - CMS	98/104	110/116	110/128	122/128	134/140	134/164	146/152	164
TO FIT CHEST - INCHES	22-24	24-26	24-28	26-28	28-30	28-34	30-32	32 - 34
TO FIT CHEST - CMS	54-60	60-66	60-71	66-71	71-76	71-81	76-81	81
TO FIT WAIST - INCHES	21	22	22-23	23	24.5	24.5-27.5	26	27.5
TO FIT WAIST - CMS	54	56	56-58	58	62	62-70	66	70

IT IS ADVISABLE TO USE ACTUAL BODY MEASUREMENTS RATHER THAN MEASURING OVER CLOTHES.
INFORMATION IN **GREEN** ARE NEW UPDATES FOR 2024

FINDEN HALES

2024 SIZE SPEC SUMMARIES

All measurements are in cm unless otherwise stated

LV240			XS	S	M	L	XL	XXL	XXXL			TOLS+/-
ADULTS' PERFORMANCE PANEL T-SHIRT												
	CHEST		44.00	48.00	52.00	56.00	60.00	64.00	68.00			1.50
	LENGTH		67.00	70.00	73.00	75.00	77.00	80.00	83.00			2.00
	SLEEVE LENGTH		31.00	33.00	35.00	37.00	39.00	41.00	43.00			1.50

LV242			AGE 3/4	AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14				TOLS+/-
KIDS' PERFORMANCE PANEL T-SHIRT												
	CHEST		33.00	36.00	39.00	42.00	46.00	49.00				1.50
	LENGTH		48.00	50.00	54.00	56.00	59.00	63.00				1.50
	SLEEVE LENGTH		20.00	22.00	24.00	26.00	28.00	30.00				1.00

LV290			XS	S	M	L	XL	XXL	3XL			TOLS+/-
UNISEX TEAM T-SHIRT												
	CHEST		44.00	48.00	52.00	56.00	60.00	64.00	68.00			2.00
	LENGTH		66.00	68.00	70.00	72.00	74.00	76.00	78.00			2.00
	SLEEVE LENGTH		31.00	33.00	35.00	37.00	39.00	41.00	43.00			1.50

LV310			XS	S	M	L	XL	XXL				TOLS+/-
PANEL PERFORMANCE POLO												
	CHEST		48.00	51.00	54.00	57.00	60.00	63.00				1.50
	LENGTH		69.00	71.00	73.00	75.00	77.00	79.00				2.00
	SLEEVE LENGTH		32.00	34.00	36.00	38.00	40.00	42.00				1.50

LV322				S	M	L	XL	XXL	XXXL			TOLS+/-
MEN'S SPORTS POLO												
	CHEST			54.00	57.00	60.00	63.00	66.00	69.00			2
	LENGTH			70.00	73.00	76.00	79.00	82.00	85.00			2
	SLEEVE LENGTH			38.00	42.00	45.00	47.00	49.00	51.00			1.5

LV335				S	M	L	XL	XXL	3XL			TOLS+/-
PULL-OVER HOODIE												
	CHEST			51.00	56.00	60.00	63.00	66.00	69.00			2
	LENGTH			68.50	71.00	73.50	76.00	78.50	81.00			2
	SLEEVE LENGTH INC CUFF			76.00	79.50	83.00	86.50	87.50	91.00			2

LV339 KIDS' PULL-OVER HOODIE				AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14				TOLS+/-
	CHEST			42.00	44.00	46.00	49.00	53.00				1.5
	LENGTH			51.00	54.00	58.00	63.00	68.00				1.5
	SLEEVE LENGTH			51.00	56.00	60.00	66.00	72.00				2

LV340 PANELLED SPORTS HOODIE			XS	S	M	L	XL	XXL				TOLS +/-
	CHEST		48.00	51.00	56.00	60.00	63.00	67.00				2.00
	LENGTH		66.00	68.50	71.00	73.50	76.00	78.50				2.00
	SLEEVE LENGTH		74.00	76.50	79.00	81.50	84.00	86.50				2.00

LV341 ADULTS' CONTRAST TEAM HOODIE			XXS	XS	S	M	L	XL	XXL	3XL		TOL+/-
	CHEST		47.00	50.00	53.00	56.00	59.00	62.00	65.00	68.00		1.50
	LENGTH		65.00	67.00	69.00	71.00	73.00	75.00	77.00	79.00		2.00
	SLEEVE LENGTH		62.00	63.00	64.00	65.00	66.00	67.00	68.00	69.00		2.00

LV342 KIDS' CONTRAST TEAM HOODIE				AGE 3/4	AGE 5/6	AGE 7/8	AGE 9/10	AGE 11/12	AGE 13			TOL+/-
	CHEST			35.00	38.00	41.00	44.00	47.00	50.00			1.50
	LENGTH			42.00	46.00	50.00	54.00	58.00	62.00			1.50
	SLEEVE LENGTH			42.50	45.50	48.50	51.50	54.50	57.50			1.50

LV355 ADULTS' PANEL POLO			XS	S	M	L	XL	XXL				TOL+/-
	CHEST		46.00	49.00	52.00	55.00	58.00	61.00				1.50
	LENGTH		68.00	70.00	72.00	74.00	76.00	78.00				2.00
	SLEEVE LENGTH		22.00	23.00	24.00	25.00	26.00	27.00				1.50

LV370 MEN'S PIPED PERFORMANCE POLO			XS	S	M	L	XL	XXL	3XL	4XL	5XL	TOLS+/-
	CHEST		48.00	51.00	54.00	57.00	60.00	63.00	66.00	69.00	72.00	1.50
	LENGTH		67.00	69.00	71.00	73.00	75.00	77.00	79.00	81.00	83.00	2.00
	SLEEVE LENGTH FROM NECK POINT		32.00	34.00	36.00	38.00	40.00	42.00	44.00	46.00	48.00	1.50

LV371 LADIES' PIPED PERFORMANCE POLO				S	M	L	XL	XXL				TOLS+/-
	CHEST			45.00	48.00	51.00	54.00	57.00				1.50
	LENGTH			64.00	66.00	68.00	70.00	72.00				2.00
	SLEEVE LENGTH			28.00	30.00	32.00	34.00	36.00				1.50

LV372 KIDS' PIPED PERFORMANCE POLO				AGE3/4	AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14			TOLS+/-
	CHEST			35.00	38.00	41.00	44.00	47.00	50.00			1.50
	LENGTH			44.00	51.00	54.00	59.00	62.00	66.00			2.00
	SLEEVE LENGTH FROM NECK POINT			24.00	26.00	28.00	30.00	32.00	35.00			1.50

LV381			XS	S	M	L	XL	XXL				TOLS+/-
ADULTS' CONTRAST PANEL POLO												
	CHEST		46.00	49.00	52.00	55.00	58.00	62.00				2
	LENGTH		68.00	70.00	72.00	74.00	76.00	78.00				2
	SLEEVE LENGTH		21.00	22.00	22.00	23.00	24.00	25.00				1.5

LV382				AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13				TOLS+/-
KIDS' CONTRAST PANEL POLO												
	CHEST			36.00	39.00	42.00	45.00	48.00				2
	LENGTH			48.00	52.00	56.00	60.00	64.00				2
	SLEEVE LENGTH			14.00	15.00	16.00	17.00	18.00				1.5

LV390				S	M	L	XL	XXL	3XL			TOLS+/-
MEN'S CLUB POLO												
	CHEST			54.00	57.00	60.00	63.00	66.00	69.00			2
	LENGTH			70.00	73.00	76.00	79.00	82.00	85.00			2
	SLEEVE LENGTH			36.50	39.00	41.00	44.00	45.50	48.00			1.5

LV550				S	M	L	XL	XXL				TOLS+/-
MEN'S PIPED MICROFLEECE												
	CHEST			51.00	56.00	60.00	63.00	66.00				2.00
	LENGTH			68.00	72.00	76.00	79.00	82.00				2.00
	SLEEVE LENGTH			76.00	78.00	80.00	82.00	84.00				2.00

LV570			XS	S	M	L	XL	XXL				TOLS+/-
ADULTS' 1/4 ZIP PIPED MICROFLEECE												
	CHEST		48.00	51.00	54.00	57.00	60.00	63.00				1.50
	LENGTH		61.00	65.00	69.00	73.00	76.00	79.00				2.00
	SLEEVE LENGTH		75.00	77.00	79.00	80.00	82.00	84.00				2.00

LV571			XS	S	M	L	XL	XXL				TOLS+/-
ADULTS' 1/4 ZIP MIDLAYER WITH CONTRAST PANELLING												
	CHEST		46.00	49.00	52.00	55.00	58.00	61.00				2.00
	LENGTH		65.00	67.00	69.00	71.00	73.00	75.00				2.00
	SLEEVE LENGTH		64.00	65.00	66.00	67.00	68.00	69.00				2.00

LV580			XS	S	M	L	XL	XXL	XXXL			TOLS+/-
UNISEX MICROFLEECE JACKET												
	CHEST		50.00	53.00	56.00	59.00	62.00	65.00	68.00			2.00
	LENGTH		69.00	71.00	73.00	75.00	77.00	79.00	81.00			2.00
	SLEEVE LENGTH		62.00	64.00	66.00	68.00	70.00	72.00	74.00			2.00

LV622			XS	S	M	L	XL	XXL				TOLS+/-
ADULT'S ACTIVE SOFTSHELL JACKET												
	CHEST		50.00	53.00	56.00	59.00	62.00	65.00				2.00
	LENGTH		69.00	71.00	73.00	75.00	77.00	79.00				2.00
	SLEEVE LENGTH		62.00	64.00	66.00	68.00	70.00	72.00				2.00

LV660				XS	S	M	L	XL	XXL	3XL			TOLS+/-
HOODED CONTRAST PUFFER JACKET													
	CHEST			52.00	55.00	58.00	61.00	64.00	67.00	70.00			2.00
	LENGTH			69.00	71.00	73.00	75.00	77.00	78.00	79.00			2.00
	SLEEVE LENGTH			61.50	63.50	65.50	67.50	69.50	71.50	73.50			2.00
LV690						ONE							TOLS+/-
ADULT'S ALL WEATHER ROBE													
	CHEST					82.00							2.00
	LENGTH					104.00							2.00
	SLEEVE LENGTH					72.00							2.00
LV691						AGE 5/8	AGE 9/13						TOLS+/-
KIDS' ALL WEATHER ROBE													
	CHEST					62.00	70.00						2.00
	LENGTH					78.00	86.00						2.00
	SLEEVE LENGTH					54.00	61.00						2.00
LV817					S	M	L	XL	XXL				TOLS +/-
ADULTS' STRETCH SPORTS SHORT													
	WAIST				37.00	39.00	41.00	43.00	45.00				1.50
	INSIDE LEG				39.00	39.00	39.00	39.00	39.00				1.50
LV830					S	M	L	XL	XXL				TOLS+/-
MEN'S MICROFIBRE SHORTS													
	WAIST RELAXED				32.00	35.00	38.00	41.00	44.00				1.50
	INSIDE LEG				20.00	20.00	20.00	20.00	20.00				1.50
	HIP 10CM UP FROM CROTCH				55.00	58.00	61.00	64.00	68.00				2.00
LV831					S	M	L	XL	XXL				TOLS+/-
LADIES' MICROFIBRE SHORTS													
	WAIST RELAXED				29.00	32.00	35.00	38.00	41.00				1.50
	INSIDE LEG				15.00	15.00	15.00	15.00	15.00				1.00
	HIP 10CM UP FROM CROTCH				51.00	54.00	57.00	60.00	63.00				1.50
LV833				XS	S	M	L	XL					TOLS+/-
LADIES' SKORT WITH WICKING FINISH				8	10	12	14	16					
	WAIST RELAXED			31.00	33.00	35.00	37.00	39.00					1.50
	WAIST EXTENDED			36.00	38.00	44.00	46.00	48.00					1.50
	SKIRT LENGTH			34.50	36.00	37.50	39.00	40.50					1.50
LV871			XXS	XS	S	M	L	XL	XXL	3XL			TOLS+/-
ADULT'S KNITTED TRACKSUIT TOP													
	CHEST		46.00	49.00	52.00	55.00	58.00	61.00	64.00	67.00			1.50
	LENGTH		65.00	67.00	69.00	71.00	73.00	75.00	77.00	79.00			2.00
	SLEEVE LENGTH		74.00	76.00	78.00	80.00	82.00	84.00	86.00	88.00			2.00

LV873			AGE3/4	AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14				TOLS+/-
KID'S KNITTED TRACKSUIT TOP												
	CHEST		34.00	37.00	40.00	43.00	46.00	49.00				1.50
	LENGTH		42.00	46.00	50.00	54.00	58.00	62.00				1.50
	SLEEVE LENGTH		50.00	53.00	56.00	59.00	62.00	65.00				1.50

LV874			XXS	XS	S	M	L	XL	XXL	3XL		TOLS +/-
ADULT'S 1/4 ZIP TRACKSUIT TOP												
	CHEST		46.00	49.00	52.00	55.00	58.00	61.00	64.00	67.00		2.00
	LENGTH		65.00	67.00	69.00	71.00	73.00	75.00	77.00	79.00		2.00
	SLEEVE LENGTH		62.00	63.00	64.00	65.00	66.00	67.00	68.00	69.00		2.00

LV875			AGE 3/4	AGE 5/6	AGE 7/8	AGE 9/10	AGE 11/12	AGE 13				TOLS +/-
KID'S 1/4 ZIP TRACKSUIT TOP												
	CHEST		34.00	37.00	40.00	43.00	46.00	49.00				1.50
	LENGTH		42.00	46.00	50.00	54.00	58.00	62.00				2.00
	SLEEVE LENGTH		42.50	45.50	48.50	51.50	54.50	57.50				1.50

LV881			XXS	XS	S	M	L	XL	XXL	3XL		TOLS+/-
ADULT'S KNITTED TRACKSUIT PANTS												
	WAIST RELAXED		30.50	33.00	35.50	38.00	40.50	43.00	45.50	48.00		1.50
	INSIDE LEG (inches)		30.00	30.00	30.00	30.00	31.00	31.00	31.00	31.00		2.00
	HIP 10CM UP FROM CROTCH		47.50	50.00	52.50	55.00	57.50	60.00	62.50	65.00		2.00

LV883			AGE3/4	AGE5/6	AGE7/8	AGE9/10	AGE11/12	AGE13/14				TOLS+/-
KID'S KNITTED TRACKSUIT PANTS												
	WAIST RELAXED		22.00	25.00	28.00	31.00	34.00	37.00				1.50
	INSIDE LEG (inches)		16.00	18.50	21.00	23.00	25.50	30.00				2.00
	HIP 10CM UP FROM CROTCH		32.00	34.00	36.00	38.00	40.00	42.00				1.50

LV886			XS	S	M	L	XL	XXL	XXXL			TOLS+/-
ADULTS KNITTED SHORTS WITH ZIPPED POCKETS												
	WAIST RELAXED		34.00	36.00	38.00	40.00	42.00	44.00	46.00			1.50
	INSIDE LEG (cm)		15.00	15.50	16.00	16.50	17.00	17.50	18.00			1.00
	HIP 10CM UP FROM CROTCH		49.00	52.00	55.00	58.00	61.00	64.00	67.00			2.00

LV887			AGE 3/4	AGE 5/6	AGE 7/8	AGE 9/10	AGE 11/12	AGE 13				TOLS+/-
KIDS' KNITTED SHORTS WITH ZIPPED POCKETS												
	WAIST RELAXED		22.00	25.00	28.00	31.00	34.00	37.00				1.50
	INSIDE LEG (cm)		12.00	13.00	14.00	15.00	16.00	17.00				1.00
	HIP 10CM UP FROM CROTCH		34.00	37.00	40.00	43.00	46.00	49.00				1.50

LV896			XS	S	M	L	XL	XXL				TOLS+/-
LADIES' TEAM LEGGING												
	WAIST RELAXED		25.00	27.00	29.00	31.00	34.00	37.00				1.50
	INSIDE LEG (cm)		66.00	67.00	68.00	68.00	69.00	69.00				2.00
	HIP 10CM UP FROM CROTCH		36.00	38.00	40.00	42.00	45.00	48.00				1.50

LV897			AGE3/4	AGE5/6	AGE7/8	AGE9/10	AGE11/12						TOLS+/-
KIDS' TEAM LEGGING													
	WAIST RELAXED		21.00	23.00	25.00	27.00	29.00						1.50
	INSIDE LEG (cm)		40.00	47.00	52.00	57.00	62.00						1.50
	HIP 10CM UP FROM CROTCH		27.00	29.00	31.00	33.00	35.00						1.50